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## May '18



Jamie Oliver lends star power to our Growth Accelerator Programme



The power of pride



All hands on deck



Winner winner chicken dinner



Seeing double: Birds Eye wins two awards



Farm to fork



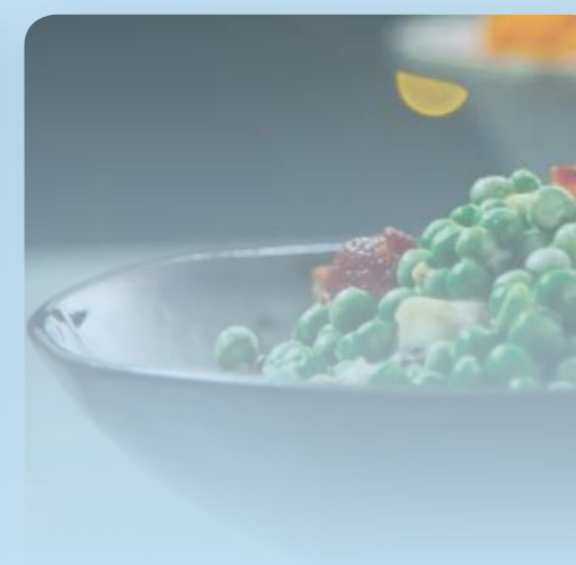
Nomad navigates international waters



Our people



## April '18





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## Jamie Oliver lends star power to our Growth Accelerator Programme

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Jamie Oliver



## From the farm to your fork

Our supply chain is the motor helping to bring our products to the customer. This month we illustrate a carrot's long journey from the farm to your fork.

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### The life cycle of a carrot

#### Farm

Carrot seeds are planted on large fields using a seed drill. The peas grow for three months and are then harvested with machinery which suck up the carrots from the roots.



#### What's your favourite way to enjoy carrots?

- With dip
- Roasted
- In stew
- In juice
- In cake
- Ew, no thanks





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### The life cycle of a carrot

#### Collection Centre

The carrots are quality tested before being cleaned, cut, blanched and then frozen. They are then packed into large crates and stored in stored in large freezers.



#### What's your favourite way to enjoy carrots?

- 40% With dip
- 20% Roasted
- 10% stew
- 0% In juice
- 20% In cake
- 10% Ew, no thanks





## Our people

Nomad Foods Europe is a company made up of exceptional people from a diverse range of backgrounds and disciplines. This month we talk to Lloyd Chadwick, Health & Safety Manager, about his career at NFE and the work that led to his recent Culture Hero Award win.

### It's My Job!

**Name:** Lloyd Chadwick  
**Age:** 38  
**Job Title:** Health & Safety Manager

**Use three words to describe your job...**  
con porempore nonsequi

**What does a typical day look like for you?**

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**What are the most important steps in developing a safety programme?**

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**If you had to choose one products from our brand portfolio, what would it be?**

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**The aim has always been to protect the health and safety of our employees, visitors and customers.**

Lloyd Chadwick





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